



## Pre-start information (*complements Bulletin 3*)

### Transportation to event and from Event centre:

Friday, 22.07.2011.

Cesis (buss station) - the ERC2011 event centre.

Minibuss 17 seats, travel fee 3,00 Ls/per person (equ. 4,25 Eur).

Departure times from Cesis: 13.20, 15.20, 20.20.

Sunday, 24.07.2011.

Kiegelceplis (ERC2011 event centre) - Riga (city centre - railway station).

Buss 45 seats, travel fee 4,25 Ls/per person (equ. 6,- Eur).

Departure time from the ERC2011 event centre: 14:30.

Monday, 25.07.2011.

Kiegelceplis (ERC2011 event centre) - Cesis (buss station).

Buss 35 seats, travel fee 1,40 Ls/per person (equ. 2,- Eur).

Departure time from the ERC2011 event centre: 09:00.

*Traveling fees on Friday you must pay in minibus before take seats.*

*Traveling fees on Sunday and Monday you must pay at the ERC2011 registration desk.*

*Please make reservation at registration desk as soon as possible for Sunday and Monday transfers, to be safe to take seats in that transfers. All, who have done reservation by e-mail, will have preference at seating. Thank you!*

### Mandatory equipment

Whistle. (Rules, B14.)

*Possession of this item will be checked at start gates. Rule B14 was not invented yesterday, so, please, don't complain!*

### Must have!

**(We told you...)**

Waterproof pen or pencil to be able to write down the letter-digit code of control in case, when SI station is malfunctioning or is missing. Of course, you can memorize these codes, if you like. If this will be necessary at finish to check your visit at malfunctioning or missing control, you will be asked to write down these codes.

Compass – very useful, when offroad.

Stick(s) - very useful to check bottom of small watercourses, ditches, marshes.

Extra map protection (control and water drop description won't be waterproof).

Mobile phone **w/o in-built or attachable GPS modules** in waterproof wrapping. **Organizers retain rights to check competitors' backpacks at any time. If illegal mobile phone will be found, team will be disqualified.**

First aid (blisters, sore skin, scars, etc.).

Water reservoir.

Insect repellent.

And everything else you may find useful and securing your safety, but not against the Rules.

### Controls

There will be 79 controls on competition area with point values from 2 to 10. First digit (first two for 100) is point value of control. Sum of points for visiting all controls is 446. Control descriptions will be given in descriptive form on separate sheet of paper in Latvian and English. See below for wording used in control descriptions.

Map sheet dimensions are 49x56cm.

### Water stations

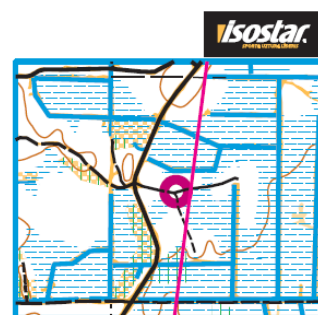
There will be 10 water stations on terrain. It will be natural sources - usually, wells, and bottled water. Description of placement of water stations will be given on separate sheet of paper in form of map fragments. There will be no symbols of water drops printed on competition map.

Sample of description of the water station (ISOSTAR drink available along with fresh water):

Exact placement of station shown by small purple circle.

Description: "bottled water – forest road (next to CP 76) co ISOSTAR"

*"next to" doesn't mean direct proximity, it is for finding the site on competition map.*



### Jury

Lauri Leppik, Alexander Yakimov and Miroslav Seidl are invited to take part in Jury.

### Indemnity form

Each participant must sign his/her team's Indemnity and Emergency Contact Form at registration in direct evidence of organizers. Please, download, print and fill in this form at home and take it with you. This will make registration run fast.

### Registration, map give out, start procedure

At registration desk team must give in Indemnity form and each participant must sign this form at registration desk, team representative have to go to payment check and then collect the team bag with SI cards, information, t-shirts, number bibs, etc.

[There will be several registrars at registration desk. Please, follow your team number!](#)



If there are last minute changes in team composition and/or team data (SI cards), announce this at registration desk with sign "0".

Accompanying persons also have to register and obtain number bib for spectators and supporters, which is entrance card to competition centre and facilities, except hash-house. Remember – no one may assist competitors during rogaïne! [Go to registration desk with sign "0", when this desk isn't busy with competitors.](#)

Maps are given out at time specified in timetable. One representative from team goes to map give out place and must display his/her number bib in order to get maps - one laminated map for each team member and one plain paper planning map for team.

There are no restrictions for course planning place. Organizers will check visually the process against use of prohibited methods (computers and other programmable devices).

Each team member must go to any registrar or registrar assistant to attach SI card using non-removable wristband provided by organizers in the team bag. Competitors must prepare their own SI cards (who use them), putting the strip into SI card.

**DO NOT FASTEN THE STRIP YOURSELF!!! DO IT ONLY UNDER SUPERVISION OF ORGANIZERS!!! SI cards must be attached until 11:00.**

Fasten the number bib (A6, hard-laminated) to your equipment, using one or two plastic fasteners. Do it before going to start corridor. Your number bib is your entrance card to hash-house, camping area and parking area during competition and also to dinner after competition. There is information about competitor on the bib: name, team name, SI card number, group, team number and competitor number, which also shows number of competitors in team, ex., "123 21" stands for team number "123" which has 2 members and 1 is number of this member in team.

Teams must enter start area in time. There will be one corridor and 5 clear-check stations with officials next to them. Teams, which might miss start at 12:00, must go to clear-check station in any case.

## Finish

Do not detach SI card from your wrist! It will be done by organizers after readout of your SI card. Finish time is on Sunday, July 24, 12:00. **Organizers retain rights to check teams' preliminary results, i.e. split times, to make sure that two or more teams weren't following each other more than 12 hours. Punching within time interval of one minute will be treated as following.**

## Model event

There will be model course available for everyone from Friday, July 22, 12:00, until Friday 22:00. You can get model course map at registration desk. The map covers 4km<sup>2</sup> next to competition centre, there are 5 controls out there. There are no SI stations there. The map is an excerpt of competition map at same scale of 1:35000.

## Services at competition centre

There will be toilets, showers, trash bags available. Please, put all your trash into these trash bags! Do not leave litter on course, bring it back!



Please, follow directions and signs at competition centre to find services! Don't hesitate to ask organizers and officials for assistance!

There will be 220V outlets available for charging purposes only, not for water boilers!



## Internet

Our supporter – communication service company TRIATEL – will provide Wi-Fi internet connection at competition centre from Friday afternoon.

## Catering information.

The catering provider company reports, that it will accept both lats (LVL) and euros (EUR). All debit and credit cards will be accepted (excl. AmEx)!

You are welcome to the buffet to have Friday dinner and Saturday breakfast, as well option to have more time for preparation and sleeping before race!

Catering will be provided at the buffet - restaurant at the event center, during race hash house.

*Preliminary Food menu and prices see below.*

### July 22:

Cold soup Okroshka (white) 1.00 LVL

Boiled dumplings with cream 2.00 LVL

Pork meatballs with additives 2.00 LVL

Pork schnitzel with natural additives 2.60 LVL

Bean Leco 2.00 LVL

French fries with sauce and salad 1.00 LVL

Dressings: French fries or rice / lettuce / mayonnaise / ketchup

### July 23:

Coffee / tea

Muffins

Salad with mayonnaise 1.00 LVL

Vegetable Salad 1.00 LVL

Pasta with chicken fillets into a pan of 1.50 LVL

Muesli with yoghurt 1.50 LVL

Pancakes with jam

Porridge

## Catering at hash-house during competition

Catering at hash-house will be provided continuously from 16:00 in Saturday till 10:00 in Sunday morning.

Catering time will divided into three menu periods:

1) supper – 16:00 – 22:00

Pasta with meatball

Additives, ketchup, mayonnaise

Pickled cucumbers

Bread, butter, jam

Biscuits, bananas, oranges

Tea, coffee

2) night meal – 22:00 – 04:00

Vegetable soup

Additives - sausage slices

Pickles

Bread, butter, jam

Biscuits, bananas, oranges

Tea, coffee

3) breakfast – 04:00 – 10:00

Oats porridge with jam

Breakfast cereals with milk

Bread, butter, jam

Biscuits, bananas, oranges

Tea, coffee

**Map of competition centre and service areas.**

You will find it at competition centre and on website.

**Wording used in control descriptions**

*Feel free to translate them and take along with you.*

small peak, hunting tower

small top, N end

top, clearing

small ridge, edge of the ride

hill, tower

ridge

small gully, upper side

small top, hunting tower

hill, W corner of the top

flat fold

tunnel under the road, S end

flat hill, NW side

ruins, E side

lake shore

flat top, borderride

flat top

flat top, W side

ditches junction, N side

clearing, SW corner

lake shore, N corner

bog, SE corner, beaver dam

flat top

ditch, SW end

top, N end, ride

flat top, SE side

lake shore, W side, watercourse outlet

dam, S side

flat top, S side, a tree

small ridge, SE end

gully, upper side

flat top

fold

disappearing ditch, NW end

low top, NW end, forest edge

small ditches junction

ruins, E corner

flat top, clearing

ditch junction, S bank

N small top

water courses junction, S bank

top, ride

terrace, pole

top, S end, 5 big trees

top

flat top, N side, clearing, tree

tree cluster

flat top, SE edge

fold

top

small ditch, S end

meadow, S edge, tree

small ditch, SE end, landmark

lake shore, SE side, dam

tree

ruins, SE corner

top, S side

flat ridge, SE end, tree

gully

hill, SE side, tree cluster

river bend, right bank

flat top

gully, up side

ditch bend, S bank

ridge

flat hill

ditch junction

track junction

flat top

peak, the vegetation boundary

flat fold

watercourse meander, stone

dam, elbow

meadow, S corner

building, N corner

small top, SE side

tree, SW next from building

lake shore

building, NW wall

clearing, N corner, a tree